



2024 WHEMN Conference Logistics

Thursday, Feb. 29–Friday, March 1 / The University of Mississippi

FACILITIES & PARKING

Spring semester at the University of Mississippi is in full swing with a vibrant and very busy campus! Classes begin at 8 a.m. so we encourage you to arrive early to beat the rush of students and employees getting to campus. Here's a full rundown to help with a smooth arrival:

Thursday, Feb. 29

Location: [Olivia and Archie Manning Athletics Performance Center at Ole Miss](#)

Thursday parking includes a shuttle service to the conference venue. **Please arrive early to ride the shuttle to the Manning Center, get registered and enjoy breakfast.**

- Conference sessions begin at 8:30 a.m.
- Parking for Thursday is the [South Lot](#) with shuttle service to and from the Manning Center throughout the day, including after the reception at the Pavilion Club.
- Directions: From Highway 6, exit north on Old Taylor Road toward campus. Turn at the second left immediately past the roundabout into the entrance to the South Lot.
- Park in the far end of the South Lot, away from the Old Taylor Road entrance.
- Shuttles will run continuously beginning at 7 a.m. to and from the Manning Center by Cline Tour buses who will pick up at the bus stops in the South Lot. Be sure to look for the Cline Tour buses, not the OUT (Oxford-University Transit) buses.
- To accommodate attendees, the facility is adding mobile restrooms.
- Dress is business casual, and it is always a good idea to remember layers like a sweater, cardigan or light jacket if you tend to get cold.

Friday, March 1

Location: [Gertrude C. Ford Center for the Performing Arts](#)

- Conference sessions begin at 8:15 a.m.
- Reserved parking available in the Ford Center Lot for all conference attendees.
- In keeping with WHEMN tradition, attendees are encouraged to wear school colors/apparel on Friday.
- Boxed lunches provided at the conclusion of the event.

WIRELESS NETWORK ACCESS

Connect to the wireless network “Ole Miss”

- Username: SpecialEvents
- Password: 218Commons!

MEALS

Thursday, Feb. 29

- 7:30–8:30 a.m. Breakfast
- 11:30 a.m.–12:30 p.m. Lunch
- 2:45 p.m. Break with snacks
- 5–6:30 p.m. Reception

Friday, March 1

- 7:30–8:15 a.m. Breakfast
- Noon Boxed lunch provided at conclusion of conference.

SOCIAL MEDIA

Follow, Friend & Like WHEMN on [Facebook](#) and [Instagram](#)! Be sure to take photos and post from the conference — tag us and use #WHEMN2024! FB: @WHEMNNetwork / Instagram: @whemn

OTHER ITEMS

- If you require special assistance, contact Office of Special Events, (662) 915-7318.
- If you require a lactation space, contact Office of Special Events, (662) 915-7318.
- Payments (checks and credit cards) will be accepted on site for those already registered who need to remit payment.
- Door prizes will be drawn during the networking breaks!

AGENDA, SPEAKERS & PANELS

Check out the [agenda](#) and our outstanding [speakers and panelists](#) including the keynotes:

- “Morning Motivation,” Elizabeth Heiskell, The Today Show food contributor and Southern Living contributing editor
- “Inclusive Leadership: Fostering a Culture of Support and Collaboration,” Alexandria White, senior vice president for diversity, equity and inclusion at ReBoot Accel
- “The Power of Your Voice and Your Seat,” Natashia Gregoire, head of internal communications, Amazon Operations Businesses in the Americas

PANEL SESSION DESCRIPTIONS

Nurturing the Next Generation Through Student Engagement and Success

Thursday, Feb. 29, 2024, 10:30 a.m., Manning Center

This session promises an insightful discussion on the importance of nurturing the next generation. Delve into a dialogue rich with best practices for effective student engagement, explore proven strategies that drive student success, and benefit from the wisdom gleaned from the panelists' wealth of experience. Be part of a conversation that transcends theory, offering tangible lessons learned throughout their careers. Together, let's uncover the keys to nurturing the next generation through purposeful student engagement and steadfast commitment to their success.

For this Generation and Next: Empowering Body & Mind

Thursday, Feb. 29, 2024, 11:30 a.m. during the networking luncheon, Manning Center

This session will explore the vital intersection of personal empowerment and well-being and is designed to empower attendees, foster meaningful connections, and lay the groundwork for a thriving higher education community. Dr. Jeanna Wilkes will share insights on the three pillars, "Self, Sisterhood, and Service," to achieve holistic success. Drawing from experiences with sorority life, commercial aviation and preventive medicine, Dr. Wilkes will dive into strategies for overcoming challenges, building resilience and creating a supportive network for current and future generations of women in higher education. We will engage in interactive discussions and activities aimed at enhancing personal empowerment and well-being.

Strike a Pose: Shaping the Wonder Woman in You

Thursday, Feb. 29, 2024, 12:45 p.m., Manning Center

This session will delve into the fascinating realm of non-verbal communication and its profound impact on personal and professional success. Drawing from renowned social psychologist and researcher Amy Cuddy's groundbreaking research, we will discuss the transformative power of confident body language and its potential to shape our perceptions of ourselves and others. Andrea Jakobsons will lead an exploration into the question: "Can you fake it until you become it?" Participants will gain valuable insights into the science behind short-term power posing exercises and their potential impact on personal and professional success. We will also discuss practical strategies for incorporating these exercises into daily routines, empowering to enhance presence and navigating complexities of academia with newfound assurance.

Science Superheroes, Cultivating Careers in Science & Research

Thursday, Feb. 29, 2024, 1:45 p.m., Manning Center

"Science Superheroes, Cultivating Careers in Science & Research" features accomplished women scientists and researchers from Mississippi universities. The moderated discussion will include how they cultivated successful careers in their fields; lessons they have learned and how that translates into practical advice for other women; and how they are shaping the future of research and science by mentoring students and other women in their fields.

Game Changers: Connection & Empowerment Through Coaching

Thursday, Feb. 29, 3:15 p.m., Manning Center

“Game Changers: Connection & Empowerment Through Coaching” spotlights the achievements and contributions of collegiate women coaches and sports administrators and will delve into the unique challenges and triumphs experienced by women in leadership roles within the realm of collegiate sports. Panelists will share personal journeys, insights and strategies for success and will offer invaluable perspectives on leadership, mentorship and breaking through barriers.

The Balancing Act: Sustaining Yourself and Your Profession

Friday, March 1, at 9:15 a.m., Ford Center

“The Balancing Act: Sustaining Yourself and Your Profession” panel session features a group of seasoned professionals to help us navigate the important topics of wellness and work-life balance. The session includes a moderated discussion about their own work in this area; lessons they have learned and how that translates into practical advice for other women; and how they are contributing to the next generation of leaders.

View from the Top: Leadership Lessons & Journeys

Friday, March 1, at 10:30 a.m., Ford Center

“View from the Top: Leadership Lessons & Journeys” panel session features accomplished women administrators from Mississippi universities and community colleges. The session includes a moderated discussion about their own professional leadership journeys; lessons they have learned and how that translates into practical advice for other women; and how they are contributing to the next generation of leaders.